

2025 ACSM Greater New York Chapter Student Quiz Bowl

Saturday April 26, 2025

**NYU Langone Health Science Building
East 30th Street (Between FDR Drive & First Avenue), New York, NY**

Join us to be the next team to compete at the ACSM Student Bowl in Atlanta, GA

TEAMS AND FORMAT

1. Teams will consist of 3 undergraduate students representing institutions from the ACSM Greater New York Chapter. Each institution can enter one team. Participating students must be available to compete in the student bowl at the ACSM National Meeting in Atlanta, GA on May 28, 2025. (Winning team will be sponsored by the ACSM Greater New York Chapter- See “Considerations and Awards”)
 - a. Each team member must be an undergraduate student enrolled in a degree program that would qualify for ACSM Professional Membership at the time of the competition.
 - b. Each team must be sponsored by a faculty member from their institution who will accompany the team to the Student Quiz Bowl.
 - c. In the event that a student team member is unable to participate in the competition, it is permissible to substitute another student from the same institution if they meet the aforementioned criteria. Substitutions must be approved by the sponsoring faculty member and the emcee prior to the start of the competition.
2. There will be a judges’ table with 3 judges (University/College Faculty members representing the ACSM Greater New York Chapter).
3. Team scorers will indicate correctness of answer and bring challenges to the judges.
4. There will be 1 timekeeper for the event keeping track of time intervals for each question.
5. There will be an emcee for the event who will ask questions, confirm answers, and prompt scorer to credit each corresponding team with the right number of points.
6. Scoring is done using a spreadsheet. Scores are continuously updated and displayed for the audience. Team sponsor must immediately notify emcee in the event an error is observed.

RULES FOR QUESTIONING

1. The competition will be in a Jeopardy-style format.
2. Each team will have an equal chance to answer each question by writing the answer on a whiteboard when called by the emcee.
3. Every team answering the question correctly will receive the designated points identified with the chosen question. Teams will have 15 seconds from the time a question's reading by the emcee is completed to display a written answer on their answer board.
4. The questions will be asked in 2 rounds- Jeopardy and Final Jeopardy. For Final Jeopardy, teams will be required to state their wagered/risked amount prior to hearing the question.

The team’s final score will be raised or lowered by the wagered amount depending on whether they answer the question correctly or incorrectly.

5. Three (3) judges will confirm answers and interpret answers in the event of ambiguity. They will discuss and decide as a group and rule with one voice. Judges' decisions on an answer's correctness will be based on the latest edition of the ACSM's Certification Review as well as other reliable references selected by the judges.
6. Content will address the following broad areas:
 - a. Cardiovascular Physiology
 - b. Muscle Physiology
 - c. Metabolism
 - d. Anatomy
 - e. Pathophysiology
 - f. Nutrition
 - g. Risk Factors
 - h. ECG
 - i. ACSM Guidelines
 - j. General Knowledge

ENTRY PROCEDURE

1. Team must be entered by [email](#) no later than 11:59 pm on **April 14, 2025**.
2. The faculty sponsor must send an email with the students' names to the ACSM Greater New York Student Quiz Bowl Chairman, Mark Caselli at: markcaselli@gmail.com. The email must indicate for each student on the team:
 - a. Name and email address**
 - b. Major**
 - c. Academic standing (freshman, sophomore, junior, or senior) and expected graduation date**
 - d. Team name (for example "NY State University")**

CONSIDERATIONS AND AWARD

Each team member will receive tuition to attend the ACSM Greater New York Chapter 2025 Spring Meeting on April 26, 2025. The winning team will be sponsored by the ACSM Greater New York Chapter to represent it at the National ACSM Student Bowl to be held at the ACSM Annual Meeting in Atlanta, GA on May 28, 2025. The sponsorship will consist of a \$ 1000 contribution per student (total of \$ 3000 for the 3-member team) to be used towards travel and lodging. The participants will also be granted registration to attend the ACSM National Meeting. There may be additional expenses for participants and for schools of the team for travel/lodging/meals and incidentals.